

Dear CFC Fencers, Friends, and prospective New Fencers,

Wishing you a healthy, Happy Spring, Passover, Easter, and Ramadan.

This April 2022 News Update is a reminder of two wonderful opportunities in our area. More info on these is included below than was available for our CFC Jan-Mar 2022 Newsletter.

(1) **[Nation's Best Fencers Heading to Charlotte for Division I and Parafencing National Championships and April NAC](#)**

New link at https://www.usafencing.org/news_article/show/1221217 Watch our top national competitors and Olympians within a few feet of the action next **Thursday, April 21 through Sunday, April 24** at the **Charlotte Convention Center!** **Admission is free!** Spectators and everyone in the venue must show proof of vaccination when you arrive (or have a precertified exemption from the National Office in advance) and be masked at all times unless actively eating or drinking. Health protocols are described at https://www.usafencing.org/news_article/show/1219662 Events will also include **North American Cup competition in Junior, Cadet, and Division 2** categories. The schedule of events is also listed at the above link.

(2) **[Referee Clinic with Rylan Delap, May 14, 2022](#)**

https://askfred.net/Clinics/moreInfo.php?clinic_id=50204 **Foothills Fencing Academy, Piedmont, SC.** Knowing and understanding the rules helps you as a fencer, not just as a referee. Get to know your rulebook **[Rulebook \(Aug 2020\)](#)** https://cdn2.sportngin.com/attachments/document/f840-2248253/2020-08_USA_Fencing_Rules.pdf#_ga=2.200517416.724708373.1650139452-816834015.1631758753 and register! The rules and interpretations are ever changing.

Still no restart date yet to announce for our club. I will let you know as soon as more information is available. Thanks for your patience.

Best En Gardes! I'll be in touch.

--Jane

Jane R. Littmann, Ph.D.
Head Coach & Co-Founder, Columbia Fencers' Club
Clinical Psychologist, Private Practice
Professor (R) of Clinical Neuropsychiatry & Behavioral Science
University of South Carolina School of Medicine
Member, Executive Committee, SC Division, USA Fencing

803-781-0056 Home/Office
803-466-5837 Cell
JRL5837@yahoo.com
<http://www.columbiafc.com/>