

**COLUMBIA FENCERS' CLUB NEWSLETTER**

Dear CFC Fencers, Friends, and our prospective fencers,

Wonderful to meet our newest members and see you progressing so well! And fantastic to see our previous members back at this remarkable game and enjoying the challenges it offers to all. There's always more to learn, refine, and apply to new and ever-changing situations.



**CLUB ENROLLMENT:** We continue to revise the classes we offer to better accommodate all our fencers, and we've also modified our enrollment procedures. Rather than month to month dues with all fencers participating in one class together, we are offering specific classes with a start and end date for that session. A better variety of classes enables everyone to develop their skills and pursue their interests. **Enrollment is by contacting**

**Jane to get placed on the appropriate roster (class/time).**

Surveys will still help us plan for future classes and sessions to best suit our members within the constraints of our facility's available times/space.

**Please see below & page 2 for our next sessions. Contact Jane ASAP to enroll.**

**#1 Roster - Session Focus: Intro & Additional Fundamentals of Fencing**

Date: **Tuesdays, Nov 8, 15, 22, 29, 2022**

Time: **5:30 – 6:25 PM**

Appropriate for: Those seeking an introduction & basic overview, and everyone reviewing, improving, refining, and learning additional essential fencing skills. Great for beginners and continuing fencers.

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**#2 Roster - Session Focus: (same as above but on Wed's)**

**Intro and Additional Fundamentals of Fencing**

Date: **Wednesdays, Nov 9, 16, 23, and 30, 2022**

Time: **5:30 – 6:25 PM**

Appropriate for: Those seeking an introduction & basic overview, & everyone reviewing, refining, improving, & learning additional essential fencing skills. Great for beginners & continuing fencers.

**#3 Roster - Session Focus: Introduction and Fundamentals of Epee, and its importance to Foil**

(Prerequisite: Completed Intro to Fundamentals of Fencing; able to drill basic skills with partner)

Date: **Tuesdays, Nov 8, 15, 22, 29, 2022**

Time: **6:35 – 7:35 PM** (Optional time after for additional bouts and lessons, 7:35-8:20 PM)

Appropriate for: Everyone seeking to learn, review, improve, and refine fundamental Epee skills and/or develop skills and concepts crucial to tactical Foil and Epee fencing.

**#4 Roster - Session Focus: Introduction and Fundamentals of Epee, and its importance to Foil**

(Prerequisite: Completed Intro to Fundamentals of Fencing; able to drill basic skills with partner)

Date: **Wednesdays, Nov 9, 16, 23, and 30, 2022**

Time: **6:35 – 7:35 PM** (Optional time after for additional bouts and lessons, 7:35-8:20 PM)

Appropriate Group: Everyone seeking to learn, review, improve, and refine fundamental Epee skills and/or develop skills and concepts crucial to tactical Foil and Epee fencing.

**Session Fee: \$90 for 1 class/wk. \$120 for 2 classes/wk. Equipment rental if needed: \$30 plus \$100 deposit. Deposit (\$100) is reissued back to you when equipment is returned at end of session.**

**Tentative dates for December Session: Tuesdays: Dec 6, 13, 20, 27, and Wednesdays: Dec 7, 14, 21, 28, 2022.**

**Wishing you all the best and healthiest of holidays!**

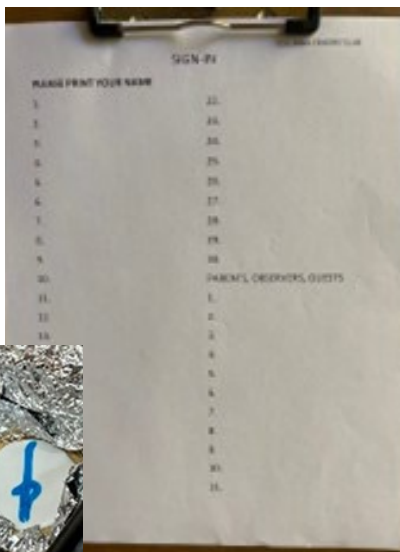
## COLUMBIA FENCERS' CLUB NEWSLETTER

**CFC HEALTH POLICIES: CFC requires all fencers and spectators in the fencing area to be COVID-vaccinated and wear a facial covering. We are taking health measures we know are more cautious than some groups and institutions. Unlike students in classrooms, colleagues in offices, and friends having lunch, our sport involves athletic exertion directly facing training partners, and our members range in ages and underlying conditions. We support everyone's health and participation in our fantastic sport. It's no surprise that fencers often refer to our sport community as our Fencing Family. While vaccinations do not absolutely "prevent" someone from getting COVID-19, (1) vaccinated communities have lower infection rates and less severe cases than unvaccinated communities, and (2) the risk of immediate and longterm harm to children and adults from actually *getting* COVID-19 is higher than the risk of harm from the vaccine. (Sources available. Questions welcome.) Thank you for your ongoing cooperation. We will do our best to minimize your risk of COVID-19 exposure in our fencing community. (If you are not feeling well, please stay home that night.)**

**USE OF CFC FENCING EQUIPMENT:** You do not have to purchase any gear until you have had an opportunity to try this exciting sport. We will be assigning a set of gear to beginning fencers that you will take home and bring to class for each meeting. Rental is \$130 per session — this includes a \$100 deposit that is reissued to you when you return the equipment at the last class. Fencers have the option to purchase or rent gear. We will provide all our fencers with information about purchasing a new starter set from fencing companies, or discounted gear from the club or from fencers who may wish to sell gear they've outgrown or no longer use.

**SIGN-IN sheet and "Penalty" Policy:** CFC still requires all fencers and guests to sign the Sign-In sheet in the fencing area each evening you attend. Club members will recall the rule that if you forget and leave without signing in, there is a "penalty" — You are required to bring a homemade treat, e.g., Cookies or Brownies to your clubmates at your next meeting. Thank you to our **two** fabulous bakers who made sure our treats were individually wrapped for take-home, complying with gymnasium rules!

Positively scrumptious! Hmm.  
Did you "forget" on purpose??



## COLUMBIA FENCERS' CLUB

**FOR OUR COMPETITIVE (& aspiring competitive) MEMBERS:**

### UPCOMING EVENTS:

**Sat 11/12/22 - Sun 11/13/22 Fall Frolic 2022 Augusta Fencers Club, Augusta, GA, Div 3 Mixed Epee, Div 3 Mixed Foil, Y10 Mixed Foil; Y12 Mixed Foil** [https://askfred.net/Events/wholsComing.php?tournament\\_id=51486&sort=club#200310](https://askfred.net/Events/wholsComing.php?tournament_id=51486&sort=club#200310)

**Sat, 11/19/22 - SC's 'Junior Olympic' Qualifying tournament to the Cadet and Junior National Championships** will be held **at Seven Oaks Park, Columbia, SC.** ('JO's' will be in Denver, Feb 17-20, 2023.) The qualifier tournament is great experience competing. **Cadet (U17) and Junior (U20)** qualification events are held separately for Men and Women in Foil, Epee and Saber. **Deadline to register: November 12.** [https://askfred.net/Events/moreInfo.php?tournament\\_id=51884](https://askfred.net/Events/moreInfo.php?tournament_id=51884)

**CFC Fencers— It's your home site!! Convenient to compete or observe! (There is no fee to observe.) We will also need volunteers to help!**

**Fri-Sun, 12/16-18/22 – The Southern RYC/RJCC/ROC (D1A/DV2/VET) & Non-Regional Team. Myrtle Beach, SC** — *What do all those letters mean??* Regional Youth Circuit/Regional Junior & Cadet Circuit/Regional Open Circuit (Division 1A/Division 2/Veteran (ages 40 and over)). <https://member.usafencing.org/details/tournaments/6139> (Absolute Fencing Gear will be there— a vendor selling fencing gear!)

**HOW DO I FIND OUT ABOUT TOURNAMENTS?** Upcoming local tournaments & clinics throughout the country are listed on <https://askfred.net/>

(FRED is an acronym for Fencing Results and Events Database). Check "AskFRED" regularly as events are frequently added & cancelled. **Questions? Ask Jane.** You must have an "Access" level membership (\$25 per yr) in USA Fencing to be eligible to register for sanctioned tournaments.

National and Regional events are listed on the USA Fencing website.

National events for 2022-23 are at <https://www.usafencing.org/22-23-nationalcalendar>

Regional events for 2022-23 are listed at <https://www.usafencing.org/regional-calendar>

The SC Division website lists local events for the season. <http://scfencing.org/calendar/> This is updated regularly. You must have a "Competitive" level membership (\$90 per yr) to register for "National and Regional events," but only "Access" membership (\$25 per year) to enter local events and national qualifiers.

**AGE ELIGIBILITY:** The age categories for competitions are determined by your Birth Year. For clarification of which events you are eligible to enter during the 2022-23 season, see the Age and Eligibility chart and scroll down to the chart marked "A." <https://www.usafencing.org/age-classification-eligibility>



Double Touch!

**WHAT ARE "CLASSIFICATIONS"?** See the USA Fencing Event Classification Chart <https://askfred.net/Info/eventClass.php> This explains how to earn classifications: "A", "B", "C", "D", "E", starting from Unclassified "U".

**CONGRATULATIONS TO:** CFC's Ian Rickman for 5th place at Clemson's Tiger Open Epee, and former CFC fencers Mitchell Lane and Dave Birt for Gold and Silver in the "D and Under" Epee!

**Videos to View** can be found in previous newsletters.

**Questions?** For example, what should I enter? **Ask Jane!**

**Rulebook?** [https://cdn1.sportngin.com/attachments/document/0b4e-2752049/USA\\_Fencing\\_Rules\\_2022-08\\_.pdf#\\_ga=2.166678398.1184541032.1667261548-816834015.1631758753](https://cdn1.sportngin.com/attachments/document/0b4e-2752049/USA_Fencing_Rules_2022-08_.pdf#_ga=2.166678398.1184541032.1667261548-816834015.1631758753)





# COLUMBIA FENCERS' CLUB

## CFC CLUB INFORMATION

**SIGN-IN SHEET:** Please sign-in each evening on the clipboard in the fencing area. Names must be printed and legible. This includes Parents & Guests. We will enjoy “penalty brownies” from those who forget!

**CLOTHING REMINDERS:** Legs, ankles, torso must be fully covered. No holes in pants! Safety comes first!

T-shirt, long pants (fencing ‘knickers’ that cover the knee are fine IF WITH long socks so no bare leg), athletic shoes, and socks. (No shorts, sandals, crocs, or boots.) Site is heated and air conditioned.

**REQUIREMENTS RE: FACIAL COVERINGS (MASKS UNDER FENCING MASKS):**

CFC requires vaccinations and a mask under the mask until further notice.

The mask must cover the nose and mouth. “Face coverings must be two-layer cloth masks or surgical face coverings. Single-layer gaiters, bandannas, masks with vents and inserts that clip into the fencing mask and do not fully contact the athlete's face **are not permitted.**” Spectators who are not fencing must also be vaccinated and wear masks.

**CLASSES & CLUB SCHEDULE:** We will continue with both foil and epee. I will specify types of classes, meeting times, fees, etc. Each session will be announced as soon as planned and ready for enrollment.

**USA FENCING MEMBERSHIP REQUIREMENT:** Minimum level: “Noncompetitive” (\$15 per year)

**NEW FENCERS?** New fencers are welcome to contact me so I can put you on our general club mailing list. **New fencers (youth and adults) are welcome.** No experience or equipment is necessary. Only those fully vaccinated and willing to mask may enroll for now.



Columbia Fencers' Club meets on Tues, & Wed, (not yet Thurs)  
at **Seven Oaks Park** 200 Leisure Lane Columbia, SC 29210  
<https://www.icrc.net/parks/seven-oaks-park>

Best en gardes,

*Jane*

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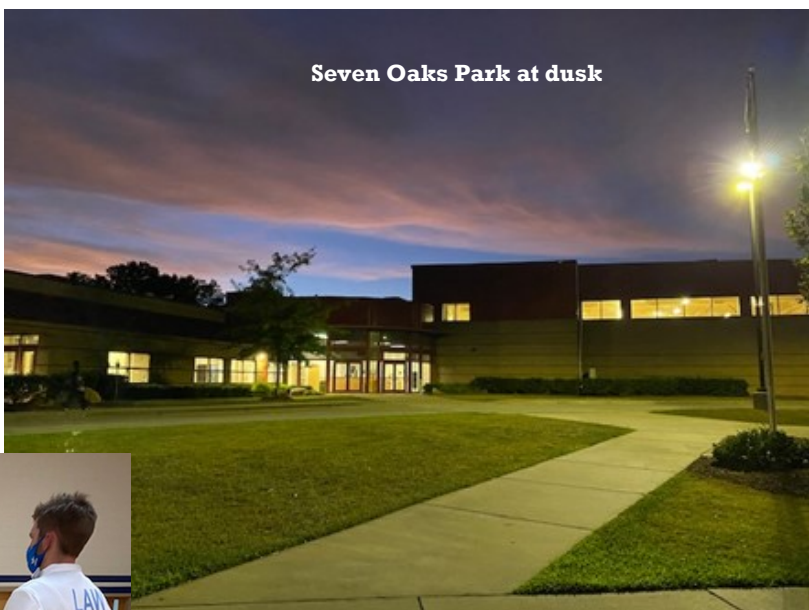
*(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*

NOVEMBER—DECEMBER 2022

# COLUMBIA FENCERS' CLUB



We're open! See you soon!



Seven Oaks Park at dusk



Tournaments?  
Here we  
come!



See you at Fencing !